Sommerschule SGORL 2010: Ethics and Economics in Medicine

Program

Dates Friday 27th and Saturday 28th of August 2010
(Start Friday 09'45, end Saturday 13'00)
Location Bettlach (Solothurn)

COURSE STRUCTURE
This year’s course will differ from the courses in the past years:
1. It will be in English.
2. It will focus on the principles and values inherent in most medical actions as well as on their economic consequences rather than on knowledge and skills.
3. Of course, there will be formal presentations on various topics by the lecturers. However, the emphasis of the course will be on group discussions.

COURSE SUBJECTS
The two main subjects of the course are ethics and economics in medicine with a strong focus on their interaction.
In addition, there will be structured lectures on patient safety and on time and resource management for residents.

LECTURERES
Balthasar Hug, MBA, OA Medizin USB
Paula Bezzola, MPH, Stv. Geschäftsführerin Swiss Patient Safety Foundation,
Dagmar Keller Lang, LÄ Kardiologie USZ
Marjam Rüdiger, AÄ, Stab Med. Departement, KS St.Gallen
Nicola Stingelin, MBA, MAS, and MA(ethics), Ethics Lecturer and Researcher, Medical Faculty/University Hospital Basel Genomic Neuropsychiatric Diseases Variations FP7 project, Member of Roche International Clinical Research Ethics Advisory Group.
Markus Wolfensberger, MA(ethics), CA HNO USB

FACILITATOR
Mihael Podwinec, CA HNO KS Aarau
GOALS OF THE COURSE

Ethics
The participants
- will be sensitized to ethical issues that can arise in clinical practice.
- will be given support in differentiating between conflicting values.
- are familiar with tools of medical ethical deliberation, decision making, and consensus building.
- are able to put ethical issues in the context of their organization and of society.
- are familiar with problems posed by the interaction between empirical medical science, ethics as a normative discipline, as well as between economics and ethics.

Economy
The participants
- are able to define the different types of cost in health care.
- are able to use the most important socio-economic health indicators.
- recognize cost effective diagnostic and therapeutic measures in their daily work surroundings.
- are aware of and able to address the potential discrepancy between cost and ethics.
- are able to identify means of influencing cost in daily work life.

Patient safety
The participants
- will be sensitized to quality issues in relation to economic retraining.
- are aware of some essential elements to promote patient safety.

Time management for ENT residents
The participants
- recognize the importance of time management.
- are able to apply time management as an efficient tool in their daily clinical work.
- actively care about early career planning and mentoring as important instruments to advance and reach professional goals.
TOPICS THAT WILL BE ADDRESSED DURING THE COURSE

- Does the medical profession assume that their decisions are objective and value-neutral? If yes: the hypothesis will be interactively considering that medical decisions are rarely as value-neutral as they appear; following from this; identifying the values of medicine
- What is “normal”? What is “health”? Hence, what are or should be the tasks of doctors?
- 'Social norm' versus 'Ethics'.
- Ethics as a discipline of philosophy that deals with values and asks questions such as "What is right and why?"
- Why has ethics so much come to the foreground in recent years?
- Brief outlines of the most important ethical theories (e.g. deontology, consequentialism, principlism).
- Principlism as an approach in medical ethical deliberation and decision-making.
- What do we mean by autonomy, beneficence, non-maleficence and justice?
- Outline of an ethics decision making process. The relationship between evidence-based medicine and ethics: do we have a moral obligation to practice EBM?
- The patient-physician relationship:
  o From Paternalism to Shared Decision Making (with emphasis on patient autonomy and the concept of informed consent)
  o From Covenant to Contract: The role of trust in the patient-physician relationship.
- What kind of cost do we encounter in health care?
- How are the different kinds of cost defined?
- How do my daily clinical decisions influence cost of care?
- What are possibilities of influencing cost in my daily work?
- Where do money and health expenditure meet?
- What are possible restraints of health care with DRG?
- Rationing in medicine from the ethicist's and the economist's viewpoint
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Instructor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>09'45</td>
<td>Welcome and introduction</td>
<td>MP, MW</td>
</tr>
<tr>
<td>10'00</td>
<td>Why do we need ethics? Basic concepts of ethics Example of an ethical decision making system</td>
<td>NS, MW, NS</td>
</tr>
<tr>
<td>11'45</td>
<td><strong>COFFEE BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>12'00</td>
<td>Basics concepts of health economics</td>
<td>BH</td>
</tr>
<tr>
<td>13'00</td>
<td><strong>LUNCH</strong></td>
<td></td>
</tr>
<tr>
<td>14'00</td>
<td>Practical exercise in ethical decision finding</td>
<td>Group work</td>
</tr>
<tr>
<td>15'00</td>
<td>From 'fee-for-service' to DRGs - a paradigm change I: Economic basics of the two systems.</td>
<td>BH</td>
</tr>
<tr>
<td></td>
<td><strong>TEA BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>16'00</td>
<td>From 'fee-for-service' to DRGs - a paradigm change II: Economic and ethical implications.</td>
<td>NS, BH, MW</td>
</tr>
<tr>
<td>17'00</td>
<td>Effective time management for ENT residents: Challenges in organisation</td>
<td>DK, MR</td>
</tr>
<tr>
<td>19'00</td>
<td><strong>(SOFT) DRINKS AND DINNER</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Saturday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Instructor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>08'30</td>
<td>The role of paternalism, patient autonomy, and trust in the patient-physician relationship. The SAMW Guidelines on patient autonomy</td>
<td>MW, NS</td>
</tr>
<tr>
<td>10'00</td>
<td>Economic and ethical aspects of patient safety</td>
<td>PB</td>
</tr>
<tr>
<td>10'45</td>
<td><strong>JUICE BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>11'15</td>
<td>Rationing in medicine: economic concepts and Ethical implications</td>
<td>BH, NS, MW</td>
</tr>
<tr>
<td>12'45</td>
<td>Course Evaluation</td>
<td>all</td>
</tr>
<tr>
<td>13'00</td>
<td><strong>‘THE END’</strong></td>
<td></td>
</tr>
</tbody>
</table>